ARMA 2026 Scientific Program

The 11th ASEAN Rehabilitation Medicine Association (ARMA) Congress · 2–5 December 2026 · The Royal Orchid Sheraton Riverside Hotel, Bangkok, Thailand

Pre-congress Workshop: 2 December 2026			
Time	**Room 1 (Ballroom 1)**	**Room 2 (Ballroom 2)**	**Room 3 (Riverside1&2)**
9.00-12.00	**WS1: US MSK (40 participants)** **Everyday Pain: A Disease-Based Ultrasound Workshop** *Ke-Vin Chang (Taiwan)* *Somkiat Hemtasilpa (USA)* *Piyaporn Pramuksun (Thailand)* *Pongrin Boonyapaisancharoen (Thailand)* *Tachit Jiravichitchai (Thailand)* *Moderator: Wipoo Kumnerddee (Thailand)*	**WS3: Vestibular Rehabilitation Workshop** **(50 participants)** *Parit Wongphaet (Thailand)* *Tidaporn Trairattanawuwan (Thailand)* *Watcharin Tayati (Thailand)*	**WS5 (Viktas): Advancing Mobility in Rehabilitation: Hands-on Workshop with HipBO Intelligent Exoskeleton for Stroke, Parkinson's Disease, General Weakness and Skeletal Aging** **(50 participants)** *Cheng Hua Wu (Taiwan)*
12.00-13.30	**Lunch**		
13.30-16.30	**WS2: US MSK (40 participants)** **Disease-Based Approach: Axilla, Nerve, and Lower Limb** *Ke-Vin Chang (Taiwan)* *Somkiat Hemtasilpa (USA)* *Piyaporn Pramuksun (Thailand)* *Moderator: Wipoo Kumnerddee (Thailand)*	**WS4 (BTL): Enhancing Functional Mobility Through Robotic Gait Training** **(50 participants)** *Siriphan Khongsawat (Thailand)* *Marco Borghetti (Italy)*	**WS6 (Premier): Emerging Technology: Brain-Computer Interface (BCI) in NeuroRehabilitation** **(50 participants)** *JIA Jie (China)* *Wasuwat Kitisomprayoonkul (Thailand)* *Komwudh Konchalard (Thailand)*

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Main Congress: 3 December 2026

Time	Room 1 (Ballroom 1)	Room 2 (Ballroom 2)	Room 3 (Riverside1&2)
7.30-9.00	**Registration**		
9.00 - 9.30	**Keynote Lecture 1 (E)** **From ASEAN Strength to Global Impact: Advancing Rehabilitation Medicine Through Academic Collaboration** *Fary Khan (Australia)*		
9.30 - 10.00	**Plenary Lecture 1 (E)** **Community Rehabilitation in the Real World: Practice, Leadership, and Lasting Impact** *Dato' Zaliha Binti Omar (Malaysia)*		
10.00 - 10.30	**Opening Ceremony**		
10.30 - 11.15	**Break/Exhibition**		
11.20 - 11.50	**Sponsor Symposium 1** **(Prapatsorn Engineering Supply Co., Ltd.)** **Peripheral Neuromodulation via Focused Extracorporeal Shockwaves: Combining Fascial Remodeling, Proprioceptive Resetting, and Spasticity Management to Maximize Gait Recovery in Neurorehabilitation** *Kantaphong Thongrong (Thailand)*	**Oral Presentation 1**	**Oral Presentation 2**
12.00 - 12.30	**Sponsor Symposium 2** **(Smart Technology and Products Co., Ltd.)** **From Innovation to Clinical Impact:** **Applying Implementation Science to Rehabilitation Robotics** **Nazirah Hasnan (Malaysia)**		
12.30 - 13.30	Lunch		
13.30 - 15.00	**Educational Session 1 (E)** **Stroke Rehabilitation** **1.Stroke Rehabilitation 2026: What's New, What's Changing, and What's Next?** *Abang Muhammad Fahmy Hepnie (Brunei)* **2. The First 72 Hours Matter: Essentials of Acute Stroke Rehabilitation** *Tham Shuen-Loong (Singapore)* **3. Beyond Tone Reduction: Modern Strategies for Post-Stroke Spasticity Management** *Jerico S. Dela Cruz (Phillippines)* **4. Botulinum Toxin in Spasticity: From Muscle Selection to Meaningful Outcomes** *Witsanu Kumthornthip (Thailand)* *Chair: Rumaisah Hasan (Indonesia)* *Co-chair: Reynaldo Rey-Matias (Phillippines)*	**Educational Session 2 (T/E)** **Rehabilitation in Parkinson's Disease** **1. Moving Better, Living Better: Evidence-Based Exercise Strategies in Parkinson's Disease** *Peeraya Ruthiraphong (Thailand)* **2. From Freezing to Falls: Practical Solutions for Mobility Challenges in Parkinson's Disease** *Chernkhuan Stonsaovapak (Thailand)* **3. Swallowing Rehabilitation in Parkinson's Disease** *Kuo-Chang Wei (Taiwan)* *Chair: Parit Wongphaet (Thailand)*	**Educational Session 3 (T)** **Sport Rehabilitation** **Wearable Technology in Sport Rehabilitation & Return to Play from Physiological Monitoring to On-Field Performance Dicision Making** **1. Smart Wearables & Physiological Monitoring in Sports Medicine** *Norasak Suvachittamont (Thailand)* **2. GPS & IMU Technology in Footbal Medicine, Rehabilitation, and Return to Play** *Pakapon Issaragrisil (Thailand)* **3. Integrating Wearable Data into Sports Medicine Practice: The Volleyball Expereince** *Pichet Yiemsiri (Thailand)* *Chair:Jakkrit Klaphajone (Thailand)*
15.00 - 15.30	**Break/Exhibition**		
15.30 - 17.00	**Education Session 4 (T/E)** **Shoulder Weakness** **1. Shoulder Weakness Unmasked: Distinguishing Musculoskeletal from Neuromuscular Causes** *Siam Tongprasert (Thailand)* **2. Electrodiagnostic Clues to Shoulder Weakness: When EMG Changes the Diagnosis** *Somkiat Hemtasilpa (USA)* **3. The Chang Protocol: Ultrasound-Guided Diagnosis of Shoulder Dysfunction** *Ke-Vin Chang (Taiwan)* *Chair: Jerico S. Dela Cruz (Phillippines)*	**Educational Session 5 (E)** **Pediatric Rehabilitation** **Trends and Cutting Edge Knowledge in Cerebral Palsy (CP)** *Teresita Joy Ples Evangelista (Phillippines)* *Mongkol Chanvanichtrakool (Thailand)* *Teerada Ploypetch (Thailand)* *Chuenchom Chueluecha (Thailand)* *Chair: Sivaporn Vongpipatana (Thailand)*	**Educational Session 6 (E)** **Spinal Cord Injury** **SCI Rehab: Neurogenic Lower Urinary Tract Dysfunction Following SCI** *Rosiana Pradanasari (Indonesia)* **Case - Based Discussion** *Apichana Kovindha (Thailand)* *Rosiana Pradanasari (Indonesia)* *Moderator: Chayaporn Chotiyarnwong (Thailand)*
17.00 - 18.00	**Intermediate Care Group Meeting (T)** **Transforming Rehabilitation Care: Thailand's Public Health Perspective** *Pornpun Angyureekul (Thailand)* *Watanyu Thangsiriamnuay (Thailand)* *Visawa Srinuttapong (Thailand)*	**Graduation Rehearsal**	**SCI Interesting Group Meeting**
17.30 - 18.30	**ARMA Executive Committee Meeting (By Invitation at Room Panisea I; 1st floor)**		
19.00 - 21.00	**Speaker Night (Invited Only)**		

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Time	Room 1 (Ballroom 1)	Room 2 (Ballroom 2)	Room 3 (Riverside1&2)
8.00-9.00	**Registration**		
8.00 - 8.50	**Poster Presentation 1 (2 stations)**	**Poster Presentation 2 (2 stations)**	
8.50 - 9.20	**Keynote Lecture 2 (E)** **Swallowing Rehabilitation** *Eiichi Saitoh (Japan)*		
9.20 - 9.50	**Plenary Lecture 2** **Spinal Cord Injury Rehabilitation; Past, Present, and Future Direction** *Apichana Kovindha (Thailand)*		
9.50 - 10.10	**Break/Exhibition**		
10.10 - 11.10	**Educational Session 7 (E)** **Robotic Rehabilitation** **1. Robotic Rehabilitation: Why It Matters and Where It Fits in Modern Neurorehabilitation** *Fazah Akhtar Hanapiah (Malaysia)* **2. Advancing Mobility Recovery: Practical Applications of Robotic Gait Training** *Parit Wongphaet (Thailand)* **3. The Future of Walking Recovery: Cutting-Edge Robotic Gait Training** *Eiichi Saitoh (Japan)* *Chair: Tham Shuen-Loong (Singapore)* *Co-chair: Witsanu Khumthornthip (Thailand)*	**Educational Session 8 (E)** **Sexual Rehabilitation** **1. Female Sexual Dysfunction in Clinical Practice: What Gynaecologists Need Rehabilitation to Help** *Jittima Manonai Bartlett (Thailand)* **2. When Movement Becomes a Barrier: Musculoskeletal and Gynaecological Conditions Affecting Sexual Activity** *Betty Dy Mancao (Phillippines)* **3. Promoting Sexual Function in Pelvic Floor Disorders: The Role of Rehabilitation** *Wipawee Chinjenpradit (Thailand)* *Chair: Paitoon Benjapornlert (Thailand)*	**Panel Discussion 1 (T)** **Prosthesis** **Updated Prosthesis in Amputation** *Pairat Tangpornprasert (Thailand)* *Manunchaya Samala (Thailand)* *Chanwit Phongamwong (Thailand)* *Moderator: Gulapar Srisawasdi (Thailand)*
11.10 - 11.40	**Sponsor Symposium 3** **(BTL Medical Technology Co., Ltd.)**	**Sponsor Symposium 4** **(Viatris (Thailand) Limited)**	
11.40 - 12.10	**Sponsor Symposium 5** **(Thai Meiji Pharmaceutical Co., Ltd.)**	**Sponsor Symposium 6** **(LHM Health & Med Co., Ltd.)** **Objective Functional Assessment in Modern Rehabilitation - From Posture to Gait** *Antonio Capuano (Germany)*	
12.10 - 13.10	**Lunch**		
13.10 - 13.50	**TRMA General Assembly**		
14.00 - 15.15	**Educational Session 9 (E)** **Cancer Rehabilitation** **1. Update on Cancer Rehabilitation** *Fary Khan (Australia)* **2. Cancer Rehab, What do we need to concern?** *Saridpong Lim (Thailand)* **3. Role of PT in Cancer Rehabilitation** *Achiraya Paksa (Thailand)* *Chair: Komwudh Konchalard (Thailand)*	**Educational Session 10 (T)** **Swallowing Rehabilitation** **1. Swallowing Problem in Aging** *Poungkaew Thitisakulchai (Thailand)* **2. State of the Art: Pediatric and Dementia dysphagia** *Kannit Pongpipatpaiboon (Thailand)* **3. Medication Administration in Dysphagia** *Paitoon Benjapornlert (Thailand)* *Chair: Pimchanok Tuakta (Thailand)*	**Educational Session 11 (T)** **Cardiac Rehabilitation** **1. Rebuilding Strength in Cardiac Patients: Targeting Sarcopenia Through Rehabilitation** *Jirapa Champaiboon (Thailand)* **2. The Essential Guide to Safe and Effective Exercise with Diabetes** *Wilawan Thirapatarapong (Thailand)* **3. Precision Exercise Prescription in Obesity: Tailoring for Maximum Impact** *Photsawee Kwanchuay (Thailand)* *Chair: Tanaporn Laprattanagul (Thailand)*
15.15 - 15.45	**Break/Exhibition**		
15.45 - 17.00	**Panel Discussion 2 (E)** **AI in Rehabilitation Medicine** ***1. What We Need to Know Before Artificial General Intelligence (AGI) for Rehab*** *Piyalitt Ittichaiwong (Thailand)* ***2. Clinical Applications of AI in Advanced Neurorehabilitation: Integrating Smart Technologies into Patient Care*** *Rumaisah Hasan (Indonesia)* ***3. Beyond AI: Redesigning the Rehabilitation Journey*** ***Krit Pattamaroj (Thailand)*** *Moderator: Chinachod Likidsomboon (Thailand)*	**Educational Session 12 (T/E)** **Geriatric Rehabilitation** **1. Maintaining the Mind: Cognitive Health and Rehabilitation in Older Adults** *Rinlada Pongratanakul (Thailand)* **2. From Muscle Loss to Mobility Loss: Rehabilitation Strategies for Older Adults** *Pongrin Boonyapaisancharoen (Thailand)* **3. Bridging the Gap in Orthotic Management for Resource-Limited and Remote Settings Among the Aging Population** *Reynaldo Rey-Matias (Phillippines)* *Chair: Angela Bibiana Maria Tulaar (Indonesia)* *Co-chair: Poungkaew Thitisakulchai (Thailand)*	**Educational Session 13 (T)** **Rehabilitation Role in ICU** **1. When Weakness Matters: Electrodiagnostic Assessment in Critically Ill Patients** *Chanasak Hathaiareerug (Thailand)* **2. Optimising Respiratory Recovery: Rehabilitation Strategies for Critically Ill Patients** *Punpetch Siriratna (Thailand)* **3. Beyond Survival: What Rehabilitation Can Do for ICU Patients** *Tanyaporn Tansakul (Thailand)* *Chair: Jirapa Champaiboon (Thailand)*
18.30 - 21.30	**Gala Dinner**		

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Time	**Room 1 (Ballroom 1)**	**Room 2 (Ballroom 2)**	**Room 3 (Riverside1&2)**
8.00-9.30	**Graduate Ceremony**		
9.30 - 10.00	**Honorary Lecture Chataya Chitprapai** *Piyanuj Ruckpanich (Thailand)*		
10.00 - 10.30	**Plenary Lecture 3** **Building a Comprehensive Parkinson's Program Across the Continuum** *Kelley Crozier (USA)*		
10.30 - 11.00	**Break/Exhibition**		
11.00 - 12.00	**Panel Discussion 3 (E)** **Rehabilitation Medicine in ASEAN: Current and Future Direction of Rehabilitation Medicine** *Wasuwat Kitisomprayoonkul (Thailand)* *Fazah Akhtar Hanapiah (Malaysia)* *Angela Bibiana Maria Tulaar (Indonesia)* *Betty Dy Mancao (Phillippines)* *Abang Muhammad Fahmy Hepnie (Brunei)* *Bouathep Phoumindr (Laos)* *Moderator: Nuttaset Manimmanakorn*	**Panel Discussion 4 (T)** **National CP Registry to Real-World Outcomes: Closing the Gap in Cerebral Palsy Care** *Sivaporn Vongpipatana (Thailand)* *Chonnanid Limsakul (Thailand)* *Sopatip Rerkmoung (Thailand)* *Chakkrapong Kiratipongvuddhi (Thailand)* *Moderator: Rattana Rattanatharn (Thailand)*	
12.00 - 12.30	**Award & Closing Ceremony**		
12.30 - 13.30	**Lunch**		